



Lesson Plans For The Family at Home

A six month interactive program for child character development



Product	Developmental Objectives
Activity Book	Introduces children to the highlighted virtue in a fun way. Children learn the language of the virtue and see practical examples of the virtues and how they relate to their lives.
Chapter book	Children can see how the Spruce Street Six kids use their virtues to do the right thing in exciting, adventurous stories. It takes all of their virtues to make the right decisions. Too much or too little of one virtue might steer them wrong.
Board Game	Children and adults can have fun together while discussing moral dilemmas during the game. During the explanation of “why,” there is a “teachable moment” that gives you an opportunity to discuss the dilemma with the child.
Thank- You Cards	Allows a child to express gratitude to people who have helped build the child’s character, and to think about those virtues of character in their “role models” who have had a positive influence in their lives.
Family Fun cards	Allows the whole family to have more fun with the virtue of the month. Character development can be fun!



CHILD, ADULT OR FAMILY	PRODUCT TO READ	To accomplish before you start the Monthly Character Development Program
Adult	Welcome Letter	To understand the use and overall objectives of the Character Development Program.
Child	Welcome letter from Zaki	To introduce the child to the Spruce Street Six and their six virtues.
Child	Chapter Book	Read the first three pages at the beginning of the Chapter book called, “Meet the Spruce Street Six”. This will familiarize them with the personalities and virtues of the kids.

MONTH 1 - HONESTY



✓	CHILD, ADULT OR FAMILY	PRODUCT	TO ACCOMPLISH- HAVE FUN!
WEEK ONE			
	Adult	Virtue of the Month letter- Honesty	Read to understand the virtue of HONESTY highlighted this month. (Note emphasis on “Honesty” leading to “Trust”)
	Child	Monthly Letter from Zaki	Read to preview the virtue of HONESTY, the Spruce Street Six Kid highlighted - Honest Jake, and the upcoming stories and dialogs they will read about this month.
	Child	Activity Book	Complete the first 4 pages of the Activity Book-HONESTY to begin understanding the virtue.
	Adult	Chapter Book Adult Guide	Read the adult guide for the chapter book (“The Big Mistake”) to get a summary of the story, the key moral points, and questions to ask when reading the story with the child.
	Child	Chapter Book	Read the first two chapters of “The Big Mistake”. Discuss each chapter with an adult using the questions in the adult guide.
	Family	Family Activity Game	On weekly “Family Night”, choose an activity/challenge or two and have fun!
WEEK TWO			
	Child	Activity Book	Complete pages 5-10 of Activity Book- HONESTY. Continue to learn about the virtue of the month. Read and discuss with your child the Dialog “Talking with our Children”.
	Child	Chapter Book	Read chapters 3 and 4 of “The Big Mistake”, and discuss with an adult using the adult guide.
	Family	Board Game	On Weekly “Family night” play Board Game “What Would Zaki Do?”. Using the adult guide, ask why each player choose “A” or “B” and allow a short discussion of reasons. These are great “Teachable Moments”!
WEEK THREE			
	Child	Activity Book	Complete final pages of the Activity Book-HONESTY.
	Child	Chapter Book	Complete the chapter book “The Big Mistake” and discuss with an adult using the adult guide.
	Family	Family Activity Game	On weekly “Family Night” choose an activity/challenge or two and have fun!
	Child	Thank you cards	Begin thinking about to whom you want to send Thank You Cards. Start making a list.
WEEK FOUR			
	Child	Chapter Book	Read and Discuss “Something to Think About” at the end of the chapter book.
	Family	Board Game	On “Weekly Family Night” play another set of Scenarios Cards.
	Child	Thank you cards	Fill out and send off Thank You Cards to show gratitude for those “role models” who have helped you build your character for the virtue of HONESTY.



MONTH 2 - COURAGE



✓ CHILD, ADULT OR FAMILY	PRODUCT	TO ACCOMPLISH- HAVE FUN!
WEEK ONE		
Adult	Virtue of the Month letter- Courage	Read to understand the virtue of COURAGE highlighted this month. (Note the distinction between “Courage” and “Caution”)
Child	Monthly Letter from Zaki	Read to preview the virtue of COURAGE, the Spruce Street Six Kid highlighted – Jessica the Brave, and the upcoming stories and dialogs they will read about this month.
Child	Activity Book	Complete the first 4 pages of the Activity Book-COURAGE to begin understanding the virtue.
Adult	Chapter Book Adult Guide	Read the adult guide for the chapter book (“Spider Cave”) to get a summary of the story, the key moral points, and questions to ask when reading the story with the child.
Child	Chapter Book	Read the first two chapters of “Spider Cave”. Discuss each chapter with an adult using the questions in the adult guide.
Family	Family Activity Game	On weekly “Family Night”, choose an activity/challenge or two and have fun!
WEEK TWO		
Child	Activity Book	Complete pages 5-10 of Activity Book- COURAGE. Continue to learn about the virtue of the month. Read and discuss with your child the Dialog “Talking with our Children”.
Child	Chapter Book	Read chapters 3 and 4 of “Spider Cave”, and discuss with an adult using the adult guide.
Family	Board Game	On Weekly “Family night” play Board Game “What Would Zaki Do?”. Using the adult guide, ask why each player choose “A” or “B” and allow a short discussion of reasons. These are great “Teachable Moments”!
WEEK THREE		
Child	Activity Book	Complete final pages of the Activity Book-COURAGE.
Child	Chapter Book	Complete the chapter book “Spider Cave” and discuss with an adult using the adult guide.
Family	Family Activity Game	On weekly “Family Night” choose an activity/challenge or two and have fun!
Child	Thank you cards	Begin thinking about to whom you want to send Thank You Cards. Start making a list.
WEEK FOUR		
Child	Chapter Book	Read and Discuss “Something to Think About” at the end of the chapter book.
Family	Board Game	On “Weekly Family Night” play another set of Scenarios Cards.
Child	Thank you cards	Fill out and send off Thank You Cards to show gratitude for those “role models” who have helped you build your character for the virtue of COURAGE.



MONTH 3 – SELF-CONTROL



✓ CHILD, ADULT OR FAMILY	PRODUCT	TO ACCOMPLISH- HAVE FUN!
WEEK ONE		
Adult	Virtue of the Month letter- Self-Control	Read to understand the virtue of SELF-CONTROL highlighted this month. (Note the relationship between “Self-Control” and “Patience”)
Child	Monthly Letter from Zaki	Read to preview the virtue of SELF-CONTROL, the Spruce Street Six Kid highlighted – Calm Carlos, and the upcoming stories and dialogs they will read about this month.
Child	Activity Book	Complete the first 4 pages of the Activity Book-SELF-CONTROL to begin understanding the virtue.
Adult	Chapter Book Adult Guide	Read the adult guide for the chapter book (“The Worst Day Ever”) to get a summary of the story, the key moral points, and questions to ask when reading the story with the child.
Child	Chapter Book	Read the first two chapters of “The Worst Day Ever”. Discuss each chapter with an adult using the questions in the adult guide.
Family	Family Activity Game	On weekly “Family Night”, choose an activity/challenge or two and have fun!
WEEK TWO		
Child	Activity Book	Complete pages 5-10 of Activity Book- SELF-CONTROL. Continue to learn about the virtue of the month. Read and discuss with your child the Dialog “Talking with our Children”.
Child	Chapter Book	Read chapters 3 and 4 of “The Worst Day Ever”, and discuss using the adult guide.
Family	Board Game	On Weekly “Family night” play Board Game “What Would Zaki Do?”. Using the adult guide, ask why each player choose “A” or “B” and allow a short discussion of reasons. These are great “Teachable Moments”!
WEEK THREE		
Child	Activity Book	Complete final pages of the Activity Book-SELF-CONTROL.
Child	Chapter Book	Complete the chapter book “The Worst Day Ever” and discuss with an adult using the adult guide.
Family	Family Activity Game	On weekly “Family Night” choose an activity/challenge or two and have fun!
Child	Thank you cards	Begin thinking about to whom you want to send Thank You Cards. Start making a list.
WEEK FOUR		
Child	Chapter Book	Read and Discuss “Something to Think About” at the end of the chapter book.
Family	Board Game	On “Weekly Family Night” play another set of Scenarios Cards.
Child	Thank you cards	Fill out and send off Thank You Cards to show gratitude for those “role models” who have helped you build your character for the virtue of SELF-CONTROL.



MONTH 4 - KINDNESS



✓ CHILD, ADULT OR FAMILY	PRODUCT	TO ACCOMPLISH- HAVE FUN!
WEEK ONE		
Adult	Virtue of the Month letter- Kindness	Read to understand the virtue of KINDNESS highlighted this month. (Note emphasis on “The Golden Rule”)
Child	Monthly Letter from Zaki	Read to preview the virtue of KINDNESS, the Spruce Street Six Kid highlighted – Kind Shawnie, and the upcoming stories and dialogs they will read about this month.
Child	Activity Book	Complete the first 4 pages of the Activity Book-KINDNESS to begin understanding the virtue.
Adult	Chapter Book Adult Guide	Read the adult guide for the chapter book (“The Contest”) to get a summary of the story, the key moral points, and questions to ask when reading the story with the child.
Child	Chapter Book	Read the first two chapters of “The Contest”. Discuss each chapter with an adult using the questions in the adult guide.
Family	Family Activity Game	On weekly “Family Night”, choose an activity/challenge or two and have fun!
WEEK TWO		
Child	Activity Book	Complete pages 5-10 of Activity Book- KINDNESS. Continue to learn about the virtue of the month. Read and discuss with your child the Dialog “Talking with our Children”.
Child	Chapter Book	Read chapters 3 and 4 of “The Contest”, and discuss with an adult using the adult guide.
Family	Board Game	On Weekly “Family night” play Board Game “What Would Zaki Do?”. Using the adult guide, ask why each player choose “A” or “B” and allow a short discussion of reasons. These are great “Teachable Moments”!
WEEK THREE		
Child	Activity Book	Complete final pages of the Activity Book-KINDNESS.
Child	Chapter Book	Complete the chapter book “The Contest” and discuss with an adult using the adult guide.
Family	Family Activity Game	On weekly “Family Night” choose an activity/challenge or two and have fun!
Child	Thank you cards	Begin thinking about to whom you want to send Thank You Cards. Start making a list.
WEEK FOUR		
Child	Chapter Book	Read and Discuss “Something to Think About” at the end of the chapter book.
Family	Board Game	On “Weekly Family Night” play another set of Scenarios Cards.
Child	Thank you cards	Fill out and send off Thank You Cards to show gratitude for those “role models” who have helped you build your character for the virtue of KINDNESS.



MONTH 5 - PERSEVERANCE



✓ CHILD, ADULT OR FAMILY	PRODUCT	TO ACCOMPLISH- HAVE FUN!
WEEK ONE		
Adult	Virtue of the Month letter- Perseverance	Read to understand the virtue of PERSEVERANCE highlighted this month.
Child	Monthly Letter from Zaki	Read to preview the virtue of PERSEVERANCE, the Spruce Street Six Kid highlighted – Lauren NeverQuits, and the upcoming stories and dialogs they will read about this month.
Child	Activity Book	Complete the first 4 pages of the Activity Book-PERSEVERANCE to begin understanding the virtue.
Adult	Chapter Book Adult Guide	Read the adult guide for the chapter book (“To The Rescue”) to get a summary of the story, the key moral points, and questions to ask when reading the story with the child.
Child	Chapter Book	Read the first two chapters of “To The Rescue”. Discuss each chapter with an adult using the questions in the adult guide.
Family	Family Activity Game	On weekly “Family Night”, choose an activity/challenge or two and have fun!
WEEK TWO		
Child	Activity Book	Complete pages 5-10 of Activity Book- PERSEVERANCE. Continue to learn about the virtue of the month. Read and discuss with your child the Dialog “Talking with our Children”.
Child	Chapter Book	Read chapters 3 and 4 of “To The Rescue”, and discuss with an adult using the adult guide.
Family	Board Game	On Weekly “Family night” play Board Game “What Would Zaki Do?”. Using the adult guide, ask why each player choose “A” or “B” and allow a short discussion of reasons. These are great “Teachable Moments”!
WEEK THREE		
Child	Activity Book	Complete final pages of the Activity Book-PERSEVERANCE.
Child	Chapter Book	Complete the chapter book “To The Rescue” and discuss with an adult using the adult guide.
Family	Family Activity Game	On weekly “Family Night” choose an activity/challenge or two and have fun!
Child	Thank you cards	Begin thinking about to whom you want to send Thank You Cards. Start making a list.
WEEK FOUR		
Child	Chapter Book	Read and Discuss “Something to Think About” at the end of the chapter book.
Family	Board Game	On “Weekly Family Night” play another set of Scenarios Cards.
Child	Thank you cards	Fill out and send off Thank You Cards to show gratitude for those “role models” who have helped you build your character for the virtue of PERSEVERANCE.



MONTH 6 - FAIRNESS



✓ CHILD, ADULT OR FAMILY	PRODUCT	TO ACCOMPLISH- HAVE FUN!
WEEK ONE		
Adult	Virtue of the Month letter- Fairness	Read to understand the virtue of FAIRNESS highlighted this month. (Note relationship between “Fairness” and “Justice”)
Child	Monthly Letter from Zaki	Read to preview the virtue of FAIRNESS, the Spruce Street Six Kid highlighted – Jarrett the Just, and the upcoming stories and dialogs they will read about this month.
Child	Activity Book	Complete the first 4 pages of the Activity Book-FAIRNESS to begin understanding the virtue.
Adult	Chapter Book Adult Guide	Read the adult guide for the chapter book (“The Spooky Mansion”) to get a summary of the story, the key moral points, and questions to ask when reading the story with the child.
Child	Chapter Book	Read the first two chapters of “The Spooky Mansion”. Discuss each chapter with an adult using the questions in the adult guide.
Family	Family Activity Game	On weekly “Family Night”, choose an activity/challenge or two and have fun!
WEEK TWO		
Child	Activity Book	Complete pages 5-10 of Activity Book- FAIRNESS. Continue to learn about the virtue of the month. Read and discuss with your child the Dialog “Talking with our Children”.
Child	Chapter Book	Read chapters 3 and 4 of “The Spooky Mansion”, and discuss using the adult guide.
Family	Board Game	On Weekly “Family night” play Board Game “What Would Zaki Do?”. Using the adult guide, ask why each player choose “A” or “B” and allow a short discussion of reasons. These are great “Teachable Moments”!
WEEK THREE		
Child	Activity Book	Complete final pages of the Activity Book-FAIRNESS.
Child	Chapter Book	Complete the chapter book “The Spooky Mansion” and discuss using the adult guide.
Family	Family Activity Game	On weekly “Family Night” choose an activity/challenge or two and have fun!
Child	Thank you cards	Begin thinking about to whom you want to send Thank You Cards. Start making a list.
WEEK FOUR		
Child	Chapter Book	Read and Discuss “Something to Think About” at the end of the chapter book.
Family	Board Game	On “Weekly Family Night” play another set of Scenarios Cards.
Child	Thank you cards	Fill out and send off Thank You Cards to show gratitude for those “role models” who have helped you build your character for the virtue of FAIRNESS.

Monthly Plan for Character Development Program

Month	Virtue	Spruce Street Kid	Adult Guide – Virtue of the Month	Letter from Zaki to child	Board Game	Activity Book	Chapter Book	Thank You Cards	Family Fun Cards
1	Honesty	Jake	yes	yes	Board Game	yes	yes	yes	yes
2	Courage	Jessica	yes	yes	New Story Cards	yes	yes	yes	yes
3	Self-Control	Carlos	yes	yes	New Story Cards	yes	yes	yes	yes
4	Kindness	Shawnie	yes	yes	New Story Cards	yes	yes	yes	yes
5	Persistence	Lauren	yes	yes	New Story Cards	yes	yes	yes	yes
6	Fairness	Jarrett	Yes + Wrap-up Letter	Yes + Wrap-up Letter	New Story Cards	yes	yes	yes	yes